



## Successful Communication with Your Teen

### A Class in Family Life

Instructed by: Sandra Singh

#### In this class you will learn:

- The roles as a parent of a teenager
- Strategies for communication, decision making, and setting boundaries
- The differences in the brain development of teens
- How to use respectful communication

## Thursday, August 19th, 2021 6:00- 8:00 pm



Registration closes at midnight on Friday, August 6th, 2021

Register on Eventbrite by visiting our website [www.collegeofhope.org](http://www.collegeofhope.org)

**Location: Ken Schilaty Learning Center**  
5908 Evergreen Way, Everett, WA 98203