

College of Hope Presents



Crockpot Cooking

A Class in Health & Wellness

Instructed by: Emitt Thrower

Learn how:

- A crockpot can be used to make breakfast, desserts, and even to make and bake a pizza!
- To start conversations with your family and friends at the dinner table.
- Find ways to spend more time with the people you care about.

You will leave this class with a FREE crockpot, and a recipe booklet to help you get started with your Crockpot Cooking!

Thursday, April 9th, 2020, 6:00-8:00pm

Location: Ken Schilaty Learning Center 5908 Evergreen Way, Everett, WA 98203

Complete and return the registration forms to collegeofhope@housinghope.org or register on Eventbrite by visiting our website www.collegeofhope.org

Register by Friday, March 27th, 2020



