



## SMART Goals

### A Class in Economic Well-being

Instructed by: Emitt Thrower

Setting SMART goals is a simple but powerful way to begin working towards a brighter future, as opposed to simply reacting to the present.

S - Specific  
M - Measurable  
A - Attainable  
R - Realistic  
T - Time-bound

**Thursday January 9th, 2020, 6:00-8:00pm**



**Location: Trinity Place Apartments**  
19321 46th Ave W, Lynnwood, WA 98036

Complete and return the registration forms to [collegeofhope@housinghope.org](mailto:collegeofhope@housinghope.org) or register on Eventbrite by visiting our website [www.collegeofhope.org](http://www.collegeofhope.org)

**Register by Friday, December 27th, 2019**