



## SMART Goals

### A Class in Economic Well-Being

Learn to set...

- S - Specific
- M - Measurable
- A - Attainable
- R - Realistic
- T - Time-bound goals!

Instructed by: **Emitt Thrower**

Setting SMART goals is a simple but powerful way to begin working towards a brighter future, as opposed to simply reacting to the present.

**Thursday October 24th, 2019, 6:00-8:00pm**



**Location: Ken Schilaty Family Learning Center  
5908 Evergreen Way, Everett, WA 98203**

**Registration:** Advanced registration is required. Complete and return the registration form to [collegeofhope@housinghope.org](mailto:collegeofhope@housinghope.org) or register on our website [www.collegeofhope.org](http://www.collegeofhope.org)

**Register by Friday, October 18th, 2019**

*If for any reason you are unable to attend this class please notify the College of Hope at 425-353-8112 by no later than 12 NOON the day of.*