



## Working with Difficult People - Online

### A Class in Economic Well-Being

**Instructed by: Emitt Thrower**

Learn an artful approach to improving self-management skills while working with angry, irritated, frustrated, or down right difficult people. In this class, you will explore:

- How to deal with conflict in a constructive manner
- Skills applicable to dealing with everyday situations
- How to say "no", and how to ask for what you really need

**Zoom meeting - Thursday, January 14th, 3:00-5:00pm**



**We ask that you log on to Canvas and read through the course content before the Zoom call begins at 3pm.**

**Register on Eventbrite by visiting our website [www.collegeofhope.org](http://www.collegeofhope.org)**

**Registration closes at midnight on Wednesday, January 13th, 2021**