



## Handling Today with Your Teen

### A Class in Family Life

Instructed by: Sandra Singh

In this class you will learn:

- Roles as a parent of a teen and how they may differ from when your child was younger.
- Strategies for communication, decision making and setting boundaries.
- Ways to dramatically and effectively improve “less than ideal” parenting strategies during COVID-19.

**Tuesday, July 20th, 2021, 6:00-8:00pm**



**Advanced registration is required.**

Register on Eventbrite by visiting our website [www.collegeofhope.org](http://www.collegeofhope.org)  
Registration closes at midnight on Friday, July 9th, 2021

**Location: Ken Schilaty Learning Center**  
**5908 Evergreen Way, Everett, WA 98203**