



College of Hope

A Class in Family Life

Managing Transitions

Presented by Rick Pribbernow

This class is for adults and parents who want to minimize the stress and pressure that significant life transitions create.

- Children experience many transitions on a daily basis, learn how to support them through these daily challenges
- Adults experience stress around transitioning to a new job, living situation, education, relationship, etc.

Tuesday July 9th, 2019, 6:00-8:00pm



Location: Ken Schilaty Learning Center
5908 Evergreen Way, Everett, WA 98203

Registration: Advanced registration is required. Complete and return the registration form to collegeofhope@housinghope.org or register on our website www.collegeofhope.org

Register by Friday, June 28th, 2019

If for any reason you are unable to attend this class please notify the College of Hope at 425-353-8112 by no later than 12 NOON the day of.